

Potential low dose efavirenz study

Current Preferred 3rd agents	Alternatives
Efavirenz
Atazanavir/r
Darunavir/r
Raltegravir	
Elvitegravir/cobi	

Future additions	Alternatives
Dolutegravir

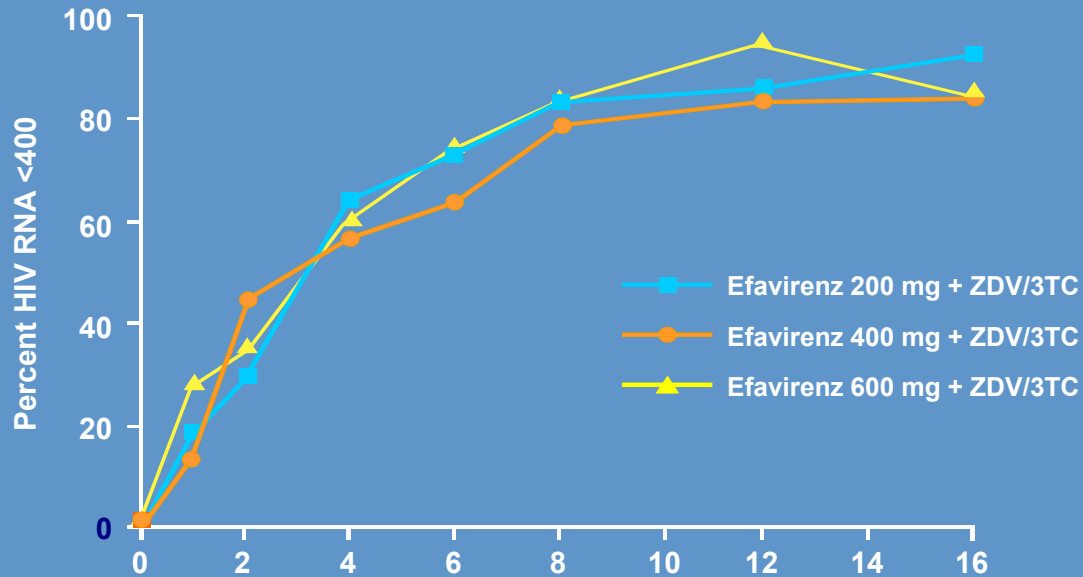
Potential low dose efavirenz study

EFV Dose	efficacy	side effects	other considerations
600	+++	<ul style="list-style-type: none">• General• Lipids• CNS• Bone	<ul style="list-style-type: none">• Cost• FDC

Potential low dose efavirenz study

DMP-005 trial

ZDV/3TC + EFV 200, 400, 600 mg OD
 HIV RNA < 400 copies/ml after 16 weeks



	0	2	4	6	8	10	12	14	16
EFV 200 mg N =	32	34	34	30	29		32		31
EFV 400 mg N =	31	31	33	28	30		28		28
EFV 600 mg N =	32	29	32	28	30		27		28

Haas et al. 5th CROI 1998. Abstract 698

Encore1 study design

A randomized, double-blind, placebo-controlled, non-inferiority clinical trial to compare the safety and efficacy of reduced dose EFV with standard dose EFV plus 2N(t)RTI in ART-naïve HIV-infected individuals over 96 weeks

Patient population

ART-naïve HIV-infected adults with no prior AIDS, plasma HIV-1 RNA (pVL) >1,000 copies/mL, 50 <CD4⁺ T cells/μL <500, creatinine clearance ≥50 mL/min, no pregnancy or nursing mothers

Randomisation

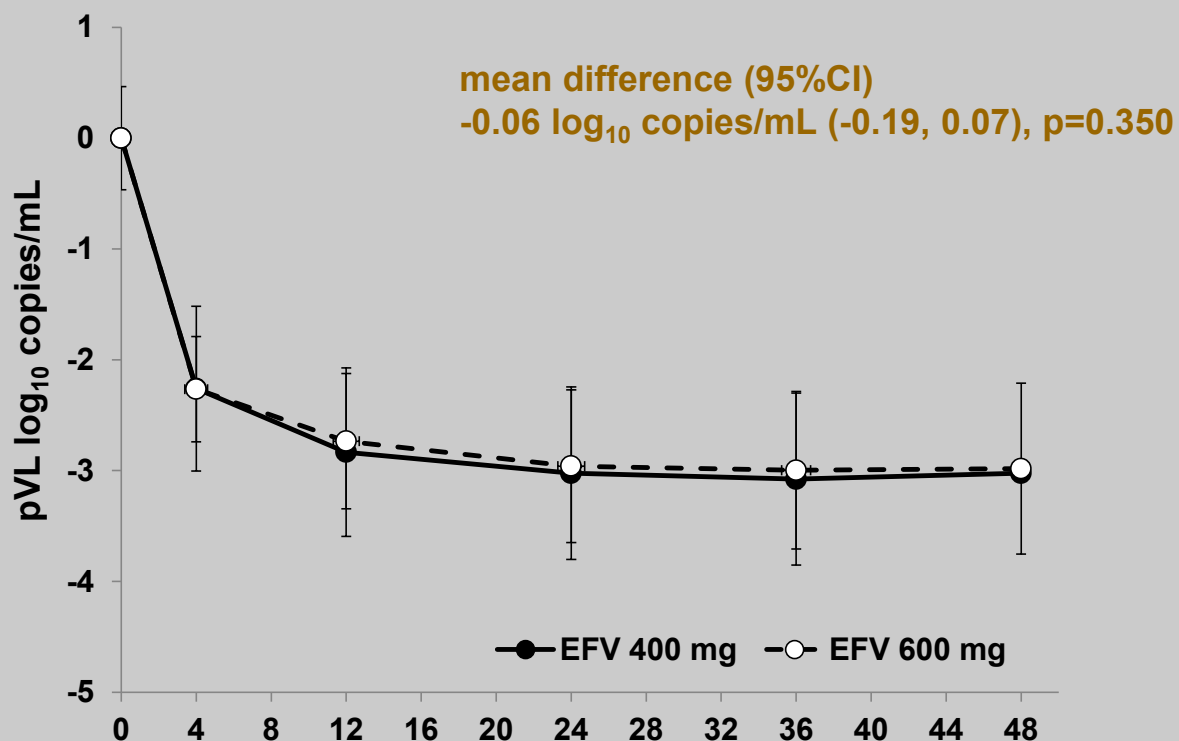
- I. TDF/FTC + 400 mg EFV qd
(2 x 200 mg EFV + 1 x 200 mg matched placebo)
- II. TDF/FTC + 600 mg EFV qd
(3 x 200 mg EFV)

1:1 (400mg:600mg), stratified by clinical site and screening pVL

Potential low dose efavirenz study



Mean change from baseline to week 48 pVL

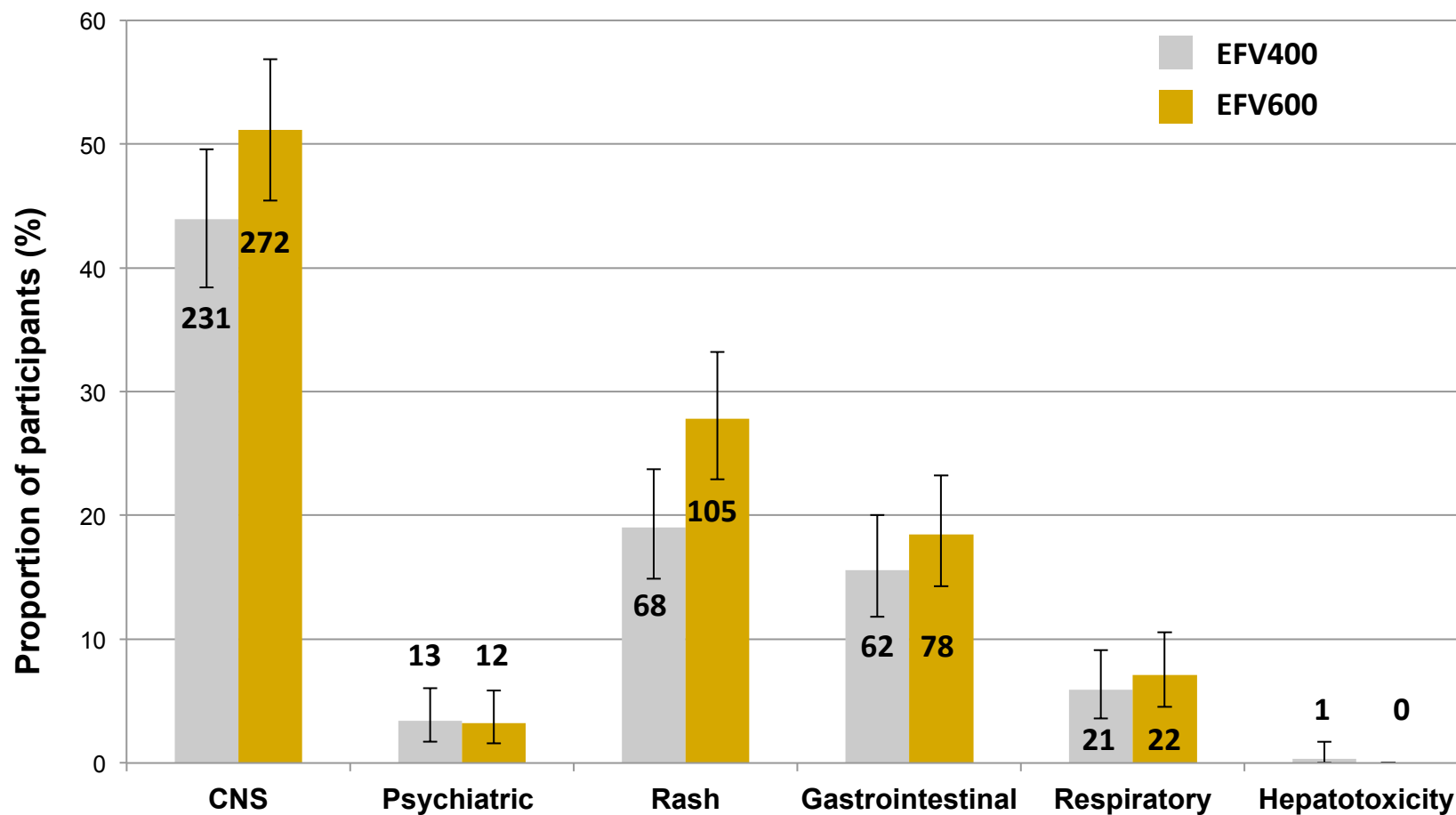


Adverse events - overall

Adverse events	EFV400 n (%)	EFV600 n (%)	Total n (%)
Number of AEs	1,173 (49.8)	1,182 (50.2)	2,355 (100)
Grade 1/2	1,119 (47.5)	1,118 (47.4)	2,237 (95.0)
Grade 3/4	54 (2.3)	65 (2.7)	117 (5.0)

Serious adverse events	EFV400 N=321 n (%)	EFV600 N=309 n (%)	Difference (95%CI)	p
Total numbers of SAEs	31 (46.2)	36 (53.7)		
Number with SAE	23 (7.17)	22 (7.12)	0.05% (-3.98, 4.07)	0.980
Number with SAE related to study drug	3 (0.93)	4 (1.29)	0.36% (-1.98, 1.27)	0.670

Efavirenz adverse events*



*categorised according to the EFV Product Information

Potential low dose efavirenz study

EFV Dose	efficacy	side effects	other considerations
600	+++	<ul style="list-style-type: none">• General• Lipids• CNS• Bone	<ul style="list-style-type: none">• Cost• FDC
400	+	<ul style="list-style-type: none">• General ✓• Lipids ✗• CNS ✗• Bone ?	<ul style="list-style-type: none">• Not FDC (generic)• Reduced cost

Potential low dose efavirenz study

EFV Dose	efficacy	side effects	Other considerations
600	+++	<ul style="list-style-type: none"> • General • Lipids • CNS • Bone 	<ul style="list-style-type: none"> • Cost • FDC
400	+	<ul style="list-style-type: none"> • General ✓ • Lipids ✗ • CNS ✗ • Bone ? 	<ul style="list-style-type: none"> • Acceptability to users • Efficacy: • Healthcare costs
200	-/+	<ul style="list-style-type: none"> • Could be lower than with 400mg • Could this be similar to newer 3rd agents 	

Potential low dose efavirenz study

	Considerations for a study / current plan
Feasibility study	100 subjects
Population	Antiretroviral naïve
Arms	Randomisation 1:1 <ul style="list-style-type: none">• Truvada + EFV 200 once daily• Truvada + raltegravir 400 twice daily
Endpoints	Composite endpoint: <ul style="list-style-type: none">• Virological efficacy• Toxicity
Future	Pilot data full phase III study