



Public Health
England



MRC

Clinical
Trials
Unit

Who accesses PrEP?

An analysis of baseline data in the PROUD pilot

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on behalf of the PROUD study

Overview

- Background
- Overview of the PROUD pilot study
- Baseline results
 - Who is enrolling?
 - Sexual risk
- Conclusions

Background

- FDA approve Truvada as PrEP July 2012



- Proven biological efficacy of PrEP, but 'real world' effectiveness unknown
- PrEP only available in UK through PROUD pilot study

The British HIV Association/British Association for Sexual Health and HIV Position Statement on pre-exposure prophylaxis in the UK

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PROUD Pilot Study

PRe-exposure **O**ption for reducing
HIV in the **U**K: an open-label
randomisation to immediate or
Deferred daily Truvada for HIV
negative gay men

PROUD Pilot

**MSM reporting UAI
Willing to take a pill now or in 12M**



**Randomize 500 HIV negative eligible MSM
(exclude if on treatment for hepB)**

Risk reduction includes
Truvada **NOW**

Risk reduction includes
Truvada **in 12M**



Follow **3 monthly** for up to 24 months

Main endpoints: recruitment and retention

Who is enrolling?

Data based on 494 enrolled, 443 baseline CRFs

Key demographics at baseline

		Number (N=439- 443)	Percentage (%)
Age	Median	35.5	IQR: 29.4- 42.3
Ethnicity	White	349	80%
	Black	14	4%
	S Asian	27	6%
	Other	48	10%
Maximum education	University degree or above	258	59%
	A-levels/equivalent	73	17%
	No qualifications	11	3%
	Other	97	23%
Enrolled as partners		17 (+1 triplet)	

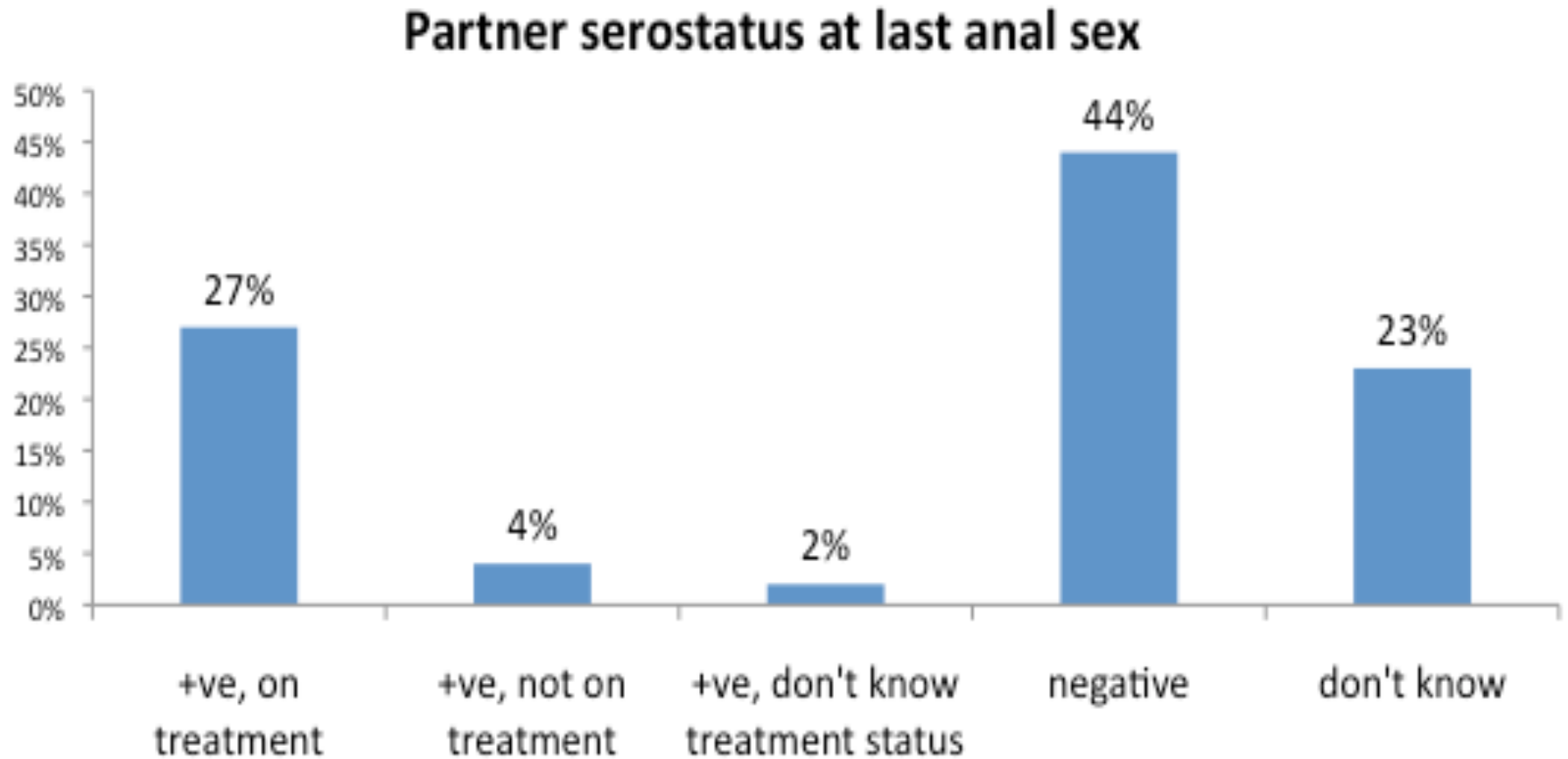
Sexual risk at baseline

	Median	IQR
Sexual partners		
Total	10	4-20
Condomless receptive anal sex	2	1-5
Condomless insertive anal sex	3	1-6
	Number (N=440)	Percentage (%)
Partnerships		
In ongoing partnership	206	47%
Living with partner	138	31%

Reasons for no condoms

	Frequency of responses (N=1362)	Percentage of cases (%)
Reasons for no condom		
It's much more enjoyable without a condom	289	66%
I don't like using condoms	222	51%
He doesn't like using condoms	143	33%
Condoms weren't discussed	116	27%
Under the influence of drugs	102	23%
I don't consider myself at risk of HIV	98	22%
Under the influence of alcohol	94	22%
I was only dipping	81	19%
We don't use condoms with each other, but do with other partners	74	17%
Other less frequent reasons	143	33%

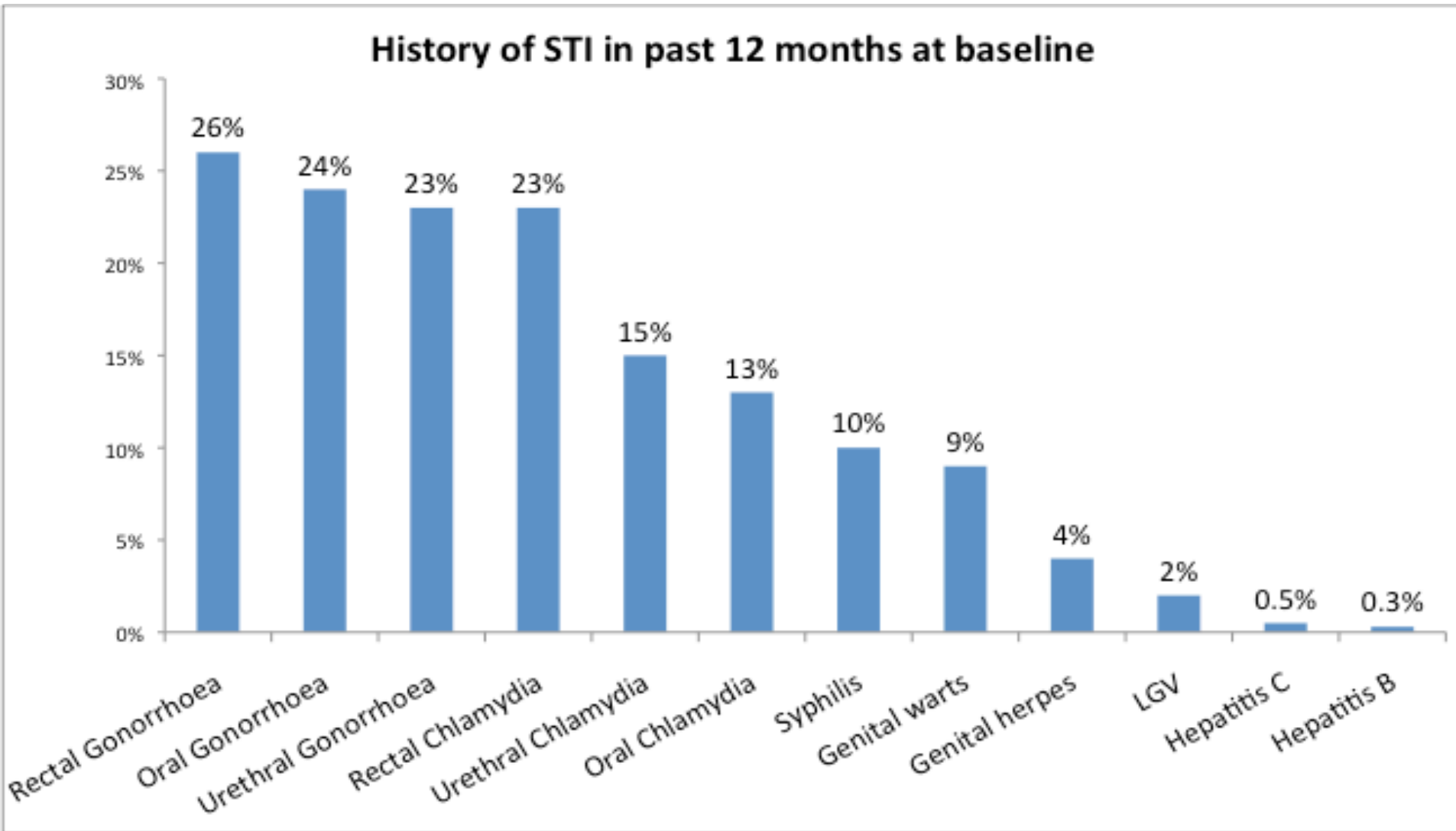
Partner serostatus at last anal sex



PEP use

	Number (N=420)	Percentage (%)
PEP use		
At least once in past 12 months	177	40%
>once in past 12 months	87	21%

Sexually transmitted infections



Recreational drug use

- 322/434 (74%) report use of recreational drugs in past 12 months

Drug	Frequency of reports (N=957)	Percentage of cases
Poppers (amyl nitrate)	213	67%
Viagra	182	57%
Mephadrone	158	49%
GHB (liquid ecstasy)	136	43%
Cannabis	102	32%
Cocaine (coke)	113	35%
Ecstasy	84	26%
Crystal meth (methamphetamine)	78	24%

Conclusions

- Public health benefit of PrEP will depend on effective targeting
- Pilot study recruiting gay or other MSM at high risk of HIV infection
- Trial Steering Committee have encouraged scale up to a full trial as highly relevant for public health policy

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Study participants

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Trial Steering Committee

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